

HOLIDAY

TEACHER'S DAY

	1	2	3	4	5
SOUP		CREAM OF CHICKEN SOUP/CREAM OF CARROT SOUP	CEREAL SOUP	SANCOCHO	
PROTEIN OPTION 1		BEEF CANNELLONI	CHICKEN BREAST	GRILLED TENDERLOIN	HOT DOG
PROTEIN OPTION 2		GRILLED CHICKEN	STEAK STRIPS	BREADED FISH FILLET	TOPPINGS
CHILD PROTEIN		NOODLES IN BOLOGNESE SAUCE	CHICKEN NUGGETS	BEEF CUBES	
CHILD PROTEIN 2		CHICKEN STRIPS	GROUND BEEF	FISH STICK	
RICE		RICE	SWEET PLANTAIN RICE /BROWN RICE	YELLOW RICE	
SIDE DISH 1		FRENCH BAGUETTE	ROAST POTATO WEDGES	SOUR POTATO	
SIDE DISH 2		YELLOW POTATOES	LENTILS	WOK-FRIED VEGETABLES	
VEGETARIAN		BEANS CROQUETTES	BREADED TOFU	CHICK PEAS	
DESSERT		CHOCOLATE TRUFFLE / FRUIT	BROWNIE / FRUIT	ICE CREAM / FRUIT	PESTAÑITAS
JUICE		JUICE WITH SUGAR /UNSWEETENED JUICE	JUICE WITH SUGAR /UNSWEETENED JUICE	JUICE WITH SUGAR /UNSWEETENED JUICE	JUICE WITH SUGAR /UNSWEETENED JUICE
SALAD BAR		SALAD BAR	SALAD BAR	SALAD BAR	
SNACK		YOGURT AND CEREAL OR FRUIT	DULCE DE LECHE AND CHEESE PASTRY OR FRUIT	SAUSAGE BREAD	CHEESE CROISSANT OR FRUIT
VEGETARIAN SNACK			MILK		JUICE WITH SUGAR /UNSWEETENED JUICE
JUICE					

MEXICAN FESTIVAL

	8	9	10	11	12
SOUP	SOPA DE PATACÓN (FRIED GREEN PLANTAIN SOUP)	VEGETABLE SOUP	PASTA SOUP	PEASANT SOUP	TOMATO SOUP
PROTEIN OPTION 1	FISH FILLET	FLANK STEAK	FISH FILLET	HONEY MUSTARD CHICKEN	STEAK FAJITAS
PROTEIN OPTION 2	STEAK STRIPS WITH ONIONS	BAKED CHICKEN	BBQ PORK	HOMEMADE BURGERS	CHICKEN TACOS
CHILD PROTEIN	FISH STICK	SHREDDED BEEF	FISH STICK	CHICKEN STRIPS	BEEF TACOS
CHILD PROTEIN 2	STEAK STRIPS	BAKED CHICKEN	PORK STRIPS	MINI BURGERS	CHICKEN TACOS
RICE	RICE NOODLES	RICE	PARSLEY RICE / BROWN RICE	RICE	PICO DE GALLO RICE
SIDE DISH 1	YUCCA	POTATOES WITH CREAM AND CHEESE SAUCE	MASHED POTATOES	RUSSIAN SALAD	CORN TORTILLAS
SIDE DISH 2	SPINACH TORTILLA	STEAMED VEGETABLES	DRIED PEAS		REFRIED BEANS
VEGETARIAN	CHICK PEAS	VEGETABLE CREPE	EGGPLANT AND TOFU	RICOTTA RAVIOLI	BEANS
DESSERT	JELLOW / FRUIT	OREO / FRUIT	TIRAMISU / FRUIT	ICE CREAM / FRUIT	MERINGUE / FRUIT
JUICE	JUICE WITH SUGAR /UNSWEETENED JUICE	JUICE WITH SUGAR /UNSWEETENED JUICE	JUICE WITH SUGAR /UNSWEETENED JUICE	JUICE WITH SUGAR /UNSWEETENED JUICE	JUICE WITH SUGAR /UNSWEETENED JUICE
SALAD BAR	SALAD BAR	SALAD BAR	SALAD BAR	SALAD BAR	SALAD BAR
SNACK	HAM & CHEESE SANDWICH	BEEF EMPANADA OR FRUIT	SHORTBREAD OR FRUIT	CHEESE STICK OR FRUIT	CHOCOLATE BREAD OR FRUIT
VEGETARIAN SNACK	CHEESE SANDWICH OR FRUIT	CHEESE EMPANADA OR FRUIT			
JUICE	JUICE WITH SUGAR /UNSWEETENED JUICE	JUICE WITH SUGAR /UNSWEETENED JUICE	UNSWEETENED JUICE - HOT CHOCOLATE	JUICE WITH SUGAR /UNSWEETENED JUICE	MILK

COLOMBIAN FESTIVAL

	15	16	17	18	19
SOUP	HOMEMADE SOUP	TOMATO SOUP	CREAM OF SPINACH SOUP	PASTA SOUP	AJIACO
PROTEIN OPTION 1	FISH FILLET	HOMEMADE BURGERS	BEEF LASAGNA	PORK CUTLET	SHREDDED CHICKEN
PROTEIN OPTION 2	BEEF STROGANOFF	CHICKEN AU GRATIN	CHICKEN FRICASSE	MEATBALLS	GROUND BEEF
CHILD PROTEIN	FISH STICK	MINI BURGERS	SPAGHETTI WITH CHICKEN	PORK STRIPS	SHREDDED CHICKEN
CHILD PROTEIN 2	BEEF STROGANOFF	CHICKEN STRIPS	SPAGHETTI WITH BEEF	MINI MEATBALLS	MEAT STRIPS
RICE	RICE	RICE	PARSLEY RICE	RICE	RICE
SIDE DISH 1	YELLOW POTATOE	ROAST POTATO WEDGES	DIFFERENT TYPES OF BREAD	BANANA MILLE FEUILLE	CORNCOB / AREPA
SIDE DISH 2	BLACK BEANS	WHITE BEANS AND HAM	PEPERONATA	WOK-FRIED VEGETABLES	AVOCADO
VEGETARIAN	VEGETARIAN STUFFED PEPPERS	VEGETABLE CANNELLONI	BREADED TOFU	MOROS AND CRISTIANOS (Rice and black beans)	CORNCOB +MUSHROOMS +EGG
DESSERT	COPELIAS / FRUIT	MILLE-FEUILLE/ FRUIT	CHOCOLATE TRUFFLE / FRUIT	ICE CREAM / FRUIT	CHOCOLATE COOKIE / FRUIT
JUICE	JUICE WITH SUGAR /UNSWEETENED JUICE	JUICE WITH SUGAR /UNSWEETENED JUICE	JUICE WITH SUGAR /UNSWEETENED JUICE	JUICE WITH SUGAR /UNSWEETENED JUICE	JUICE WITH SUGAR /UNSWEETENED JUICE
SALAD BAR	SALAD BAR	SALAD BAR	SALAD BAR	SALAD BAR	SALAD BAR
SNACK	QUESADILLA	PANCAKES OR FRUIT	PIGS IN BLANKET	BREAD+ CHEESE	AREPA
VEGETARIAN SNACK			PUFF PASTRY CHEESE STICKS OR FRUIT		AREPA
JUICE	HOT CHOCOLATE	JUICE WITH SUGAR /UNSWEETENED JUICE	JUICE WITH SUGAR /UNSWEETENED JUICE	HOT CHOCOLATE	JUICE WITH SUGAR /UNSWEETENED JUICE

WINGS FESTIVAL

	22	23	24	25	26
SOUP	CREAM OF CARROT SOUP	RICE SOUP	PASTA SOUP	ARRACACHA SOUP	BEEF BROTH
PROTEIN OPTION 1	BOLOGNESE SAUCE WITH MEAT	STROGANOFF	NEAPOLITAN PORK	SHREDDED BEEF	Wings (Broster-B.B.Q (ahumadas)- Teriyaki)
PROTEIN OPTION 2	CHICKEN	FISH	CHICKEN	FISH	
CHILD PROTEIN	BOLOGNESE SAUCE WITH MEAT	STROGANOFF	PORK STRIPS	STEAK STRIPS	ROAST BEEF
CHILD PROTEIN 2	CHICKEN STRIPS	FISH STICK	CHICKEN	FISH STICK	
RICE	RICE	RICE NOODLES	GREEN RICE -BROWN RICE	RICE WITH GREEN PEAS	RICE
SIDE DISH 1	POTATO CHIPS POTATO CHIPS	BAKED PLANTAIN	YUCCA	LENTIL AND POTATO	FRENCH FRIES
SIDE DISH 2	SAUTEED GREEN BEANS	BEANS	CHICK PEAS	BROCCOLI AU GRATIN	STEAMED VEGETABLES
VEGETARIAN	VEGETARIAN BURGER		STUFFED ZUCCHINI	KIBBEH	BREADED TOFU
DESSERT	AREQUIPE/ FRUIT	COCONUT COOKIE/ FRUIT	RED FRUITS MUFFINS / FRUIT	ICE CREAM / FRUIT	BROWNIE / FRUIT
JUICE	JUICE WITH SUGAR /UNSWEETENED JUICE	JUICE WITH SUGAR /UNSWEETENED JUICE	JUICE WITH SUGAR /UNSWEETENED JUICE	JUICE WITH SUGAR /UNSWEETENED JUICE	JUICE WITH SUGAR /UNSWEETENED JUICE
SALAD BAR	SALAD BAR	SALAD BAR	SALAD BAR	SALAD BAR	SALAD BAR
SNACK	AREPA	APPLE AND CINNAMON PUFF PASTRY OR FRUIT	BEEF EMPANADA OR FRUIT	HAM & CHEESE SANDWICH	BEEF PASTRY
VEGETARIAN SNACK			CHEESE EMPANADA OR FRUIT	CHEESE SANDWICH OR FRUIT	VEGETABLE PASTRY
JUICE	JUICE WITH SUGAR /UNSWEETENED JUICE	JUICE WITH SUGAR /UNSWEETENED JUICE	JUICE WITH SUGAR /UNSWEETENED JUICE	JUICE WITH SUGAR /UNSWEETENED JUICE	JUICE WITH SUGAR /UNSWEETENED JUICE

	29	30
SOUP	AJIACO	PASTA SOUP
PROTEIN OPTION 1	PORK CUTLETS	CHICKEN SUPREME
PROTEIN OPTION 2	GRILLED CHICKEN BREAST	GOULASH
CHILD PROTEIN	PORK STRIPS	CHICKEN STRIPS
CHILD PROTEIN 2	CHICKEN STRIPS	GOULASH WITHOUT VEGETABLES
RICE	CARROT RICE	RICE
SIDE DISH 1	ROAST POTATO WEDGES	CAULIFLOWER GRATIN
SIDE DISH 2	WOK-FRIED VEGETABLES	SPANISH TORTILLA
VEGETARIAN	RATATOUILLE	LENTILS
DESSERT	JELLOW/ FRUIT	PASTRY HEARTS / FRUIT
JUICE	JUICE WITH SUGAR /UNSWEETENED JUICE	JUICE WITH SUGAR /UNSWEETENED JUICE
SALAD BAR	SALAD BAR	SALAD BAR
SNACK	YOGURT AND CEREAL OR FRUIT	SAUSAGE BREAD
VEGETARIAN SNACK		CHEESE PASTRY
JUICE		JUICE WITH SUGAR /UNSWEETENED JUICE